

FOR THE FORM – GO to the links below.

- Out of Hospital Do Not Resuscitate Program
 - <https://www.dshs.texas.gov/emstraumasystems/dnr.shtm>
- PDF FORM
 - <https://www.dshs.texas.gov/WorkArea/linkit.aspx?LinkIdentifier=id&ItemID=8589946120>

What is an Out-of-Hospital DNR order?

An Out-of-Hospital DNR is a legal form that tells emergency medical professionals *not* to start or continue certain life-saving procedures. DNR is short for “do not resuscitate.” *Resuscitation* is when someone who has stopped breathing and whose heart has stopped beating is restored to consciousness.

If you are not in the hospital and have a medical emergency that makes you unconscious, emergency medical professionals (EMS) may be called to help. If you have a valid Out-of-Hospital DNR, EMS will not use any of the five procedures listed in the Out-of-Hospital DNR form to revive you.

You can fill out a Texas Out-of-Hospital DNR form, if you want to.

NOTE: To be valid in Texas, you must use the Texas form.

The Texas Out-of-Hospital DNR:

- Is free
- Does not affect your will, estate, or finances
- Does not affect your health or life insurance premiums
- Is signed by your doctor
- Applies only to certain procedures given by EMS, hospital emergency room personnel, nursing home staff, or other health care professionals
- Allows you to have some control over how much medical treatment you receive and for how long
- Does not prevent treatment and medicine to reduce pain
- Does not allow mercy killing or assisted suicide
- Does not require a lawyer or notary to complete
- Can be canceled (revoked) at any time, regardless of your mental state